K-12 SUPPER MENU – JANUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		January 1	January 2	January 3
Drawel Carly School Fact and Microsco Services	January	Jeac'	Winter Break!	
January 6	January 7	January 8	January 9	January 10
140Sct@1	BBQ Beef Rib Sandwich Deli Roasters	Chicken Corn Dog *Pepperoni French Bread Pizza Peas & Carrots	Oven Baked Chicken Honey Wheat Biscuit	Macaroni & Cheese Seasoned Broccoli
	Peach Cup Milk	Dole Pineapple Cup Milk	Sweet Potato Soufflé Sliced Apples Milk	Mandarin Orange Cup Milk
January 13	January 14	January 15	January 16	January 17
Beef Hot Dog Sliders	Mozzarella Pizza Stick	Chicken Tender Wrap	Jamaican Beef Patty	Fish Filet on WG Bun
*Cheeseburger Sliders	Marinara Cups	Seasoned Broccoli	Caramelized Plantains	Potato Tots
Potato Wedges	Banana	Pear Cups	Applesauce Cup	Peach Cup
Sliced Apples Milk	Milk	Milk	Milk	Milk
January 20	January 21	January 22	January 23	January 24
Martin Luther King, Jr. Day	Cheese Pizza Wedge	Pull Apart Cheesy Bread	Turkey Ham & Cheese Stuffer	Beef Taco Snack
	Steamed Corn	Marinara Sauce Cup	Steamed Carrots	Salsa Cups
	Orange Wedges Milk	Fruit Sidekick Milk	Mango Peach Applesauce Milk	Strawberry Cup Milk
January 27	January 28	January 29	January 30	January 31
5" Personal Pan Cheese	Cheese Pinwheel	Chicken Drumstick	Cheesy Beans <u>OR</u>	Power UP Meal
Pizza	Marinara Sauce Cups	Honey Wheat Biscuit	Hummus and Seeds	Cheese Cup & Seeds with
Green Beans	Strawberry Cup	Steamed Corn	Tortilla Chips with Salsa Cup	Chips
Frozen Whole Fruit Cup	Milk	Lemon Blast Raisels	Seasoned Broccoli	Salsa Cup
Milk		Milk	Mango Peach Applesauce Milk	Apple Sauce Milk

^{*}VPK and Head Start Options

No Entree whole grain (WG) or whole grain rich (WGR) grain components offered daily.

Vegan Option – Upon Request
Hummus and Seeds
Grain
Fruit and Vegetable of the day
Milk